People+: Personal Histories Exercise



1 Have all team members complete (in writing or mentally) the following questions about themselves.

2 Ask each team member to share their responses to the questions.

3 After all team members have shared, ask the group to discuss what they learned about one another that they didn't already know.

Where did you grow up?

How many siblings do you have and where do you fall in that order?

Please describe a unique or interesting challenge or experience from your childhood.